

Bernice Flett has been a dedicated Texas Tech University employee since 1994. She currently serves as a Unit Coordinator in the Military & Veterans Programs Office. Assisting our great nation's veterans and family members is an honor and passion for Bernice. Ms. Flett has served on the Executive Board of TACVPO since 2014. Bernice's father, "Big Ed" served honorably for 21 years in the Air Force. As a dependent of a veteran, she attended eight different elementary schools, lived in twelve cities and two countries (Germany and Turkey). She was also a spouse of a service member and can relate to veterans and their family members transitioning to the civilian world. She has been a registered licensed massage therapist since 2003 specializing in Swedish massage, Hot Stone Therapy, and Deep Tissue massage. She has obtained over 300 hours of massage instruction and is currently pursuing training in additional massage modalities. Ms. Flett has been an ordained minister by the Universal Life Church Monastery since 12/2014 and lives an intentional life. She practices meditation, contemplation, visualization & prayer daily. Some of her mentors are Louise Hay, Wayne Dyer; Les Brown, Napoleon Hill, W.C. Stone, Bob Proctor to name a few. Bernice's favorite movies are The Secret, The Notebook, My Fair Lady and The Princess Bride.